



## LIVINGWELL PROMISE REQUIREMENTS

Learn about the 2019 LivingWell Promise in this Go365 Webinar and earn 35 Go365 Points for attending! We will cover:

- In-depth instructions on completing your Health Assessment.
- Where to go and what to know for completing your biometric screening.
- How you can verify your completion of the LivingWell promise.
- The rewards you can earn in Go365 when you complete the LivingWell Promise and more!

### **CLICK THE WEBINAR YOU'D LIKE TO ATTEND AND REGISTER:**

**[Monday, Jan. 28 at 4 p.m. \(EST\)](#)**

**[Thursday, Jan. 31 at 10 a.m. \(EST\)](#)**

**[Monday, Feb. 4 at 10 a.m. \(EST\)](#)**

**[Thursday, Feb. 7 at 4 p.m. \(EST\)](#)**

