



Bag some
major savings.

Savings

Save up to 10%¹ on healthier food purchases at Walmart.^{® 2}

With **Vitality HealthyFood**,[™] HumanaVitality[®] members³ can save up to 10% on **Great For You**[™] healthier foods at Walmart.

Current Vitality HealthyFood Shopping Card holders and HumanaVitality members who request a Shopping Card for the first time by Oct. 31, 2013, will get \$5 preloaded, redeemable at Walmart where gift cards are accepted. Plus, all eligible HumanaVitality members in their family will get \$5 added to their Vitality HealthyFood Shopping Card, too!

To get started and save 5%, you need to reach Bronze Vitality Status[™] by taking your Health Assessment.



Here's how it works:

1. Sign in at **HumanaVitality.com**.
2. Complete your Health Assessment.
3. In the "Get Healthy" section, accept the Vitality HealthyFood terms and conditions to activate your Vitality HealthyFood Shopping Card.
4. Receive your Vitality HealthyFood Shopping Card in 7-10 business days.
5. **Increase** your 5% savings to **10%** when you or an eligible dependent completes a Vitality Check[®] in your current program year.⁴ Once your Vitality Check results are received and verified by HumanaVitality, your savings will increase to 10%!

Sign in to **HumanaVitality.com** to take the Health Assessment, if you haven't already. Then, request your Vitality HealthyFood Shopping Card right online.

Humana Vitality



¹ The 5% or 10% savings will be applied to that member's Vitality HealthyFood Shopping Card within 5-7 business days. Once applied, the savings may be used on any future purchase made at Walmart where gift cards are accepted.

² The Vitality HealthyFood program is only available at Walmart Neighborhood Markets and Walmart retail stores. Sam's Club stores and Walmart.com are excluded from the Vitality HealthyFood program.

³ HumanaVitality members must be 18 years of age or older to be eligible to participate in the Vitality HealthyFood program. The Vitality HealthyFood program is not available to all HumanaVitality members and is only available with certain plans or products offered by Humana.

⁴ HumanaVitality members do not share the same HumanaVitality program year. HumanaVitality members should reference their member ID card to determine their program year.

HumanaVitality is not an insurance product. Humana Plans are offered by Humana Medical Plan, Inc., Humana Employers Health Plan of Georgia, Inc., Humana Health Plan, Inc., Humana Health Benefit Plan of Louisiana, Inc., Humana Health Plan of Ohio, Inc., Humana Health Plans of Puerto Rico, Inc. License # 00235-0008, Humana Wisconsin Health Organization Insurance Corporation, or Humana Health Plan of Texas, Inc. - A Health Maintenance Organization, or insured by Humana Health Insurance Company of Florida, Inc., Humana Health Plan, Inc., Humana Health Benefit Plan of Louisiana, Inc., Humana Insurance Company, Humana Insurance Company of Kentucky, Emphesys Insurance Company, Humana Insurance of Puerto Rico, Inc. License # 00187-0009, or administered by Humana Insurance Company or Humana Health Plan, Inc. Statements in languages other than English contained in the advertisement do not necessarily reflect the exact contents of the policy written in English, because of possible linguistic differences. In the event of a dispute, the policy as written in English is considered the controlling authority.

For Arizona Residents: Offered by Humana Health Plan, Inc. or insured by Emphesys Insurance Company or insured by Humana Insurance Company. Administered by Humana Insurance Company. Please refer to your Benefit Plan Document (Certificate of Coverage/Insurance or Summary Plan Description) for more information on the company providing your benefits.

Our health benefit plans have limitations and exclusions.

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